#### **Drama Queen**



Creative Genius – Divine Guidance vs Insanity Receptivity – Impressionability vs Fear Spiritual Intuition – Vision vs Delusion Caring – Empathy vs Over-Sentimentality Sacrifice – Service vs Self-Martyrdom Universal Love – Compassion vs Torment

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#### **Poseidon**

We all know one. Probably, at some point in our lives, however briefly, we've been one. So it's hard to throw stones in all good conscience at Drama Queen's, isn't it?

Still, here's the story of one quintessential Drama Queen named Carrie.

Carrie was an extremist.

What she loved, she loved passionately.

Those things she didn't love, she chose to hate – and she hated them just as passionately. Carrie didn't seem to be 'lukewarm' about anything.

Carrie's work with us began with a wish list.

"I want some peace in my life. I'm tired of worrying about everything and everyone."

"I want to be in a loving relationship."

"I want to feel more zest for life."

"I want to stop feeling so responsible for my sister's well-being."

When clients come to us for healing or to correct something that is not working in their lives, one of our first actions is to examine their relationship with each of the ten primary Archetypes that impact everyone's life.

From Carrie's wish list above, it was clear that she was out of relationship with Poseidon. Three of the items lie firmly in the realm of Poseidon's energy, and it could be argued that the fourth one touches on it as well.

The energy that Poseidon offers up to us is not easy to understand. He tempts us with extremes. He demands that we challenge ourselves. It's like standing on the middle of a teeter-totter trying to keep our balance. Poseidon represents the fulcrum point.

Recognizing that we desperately need his energy in life, Poseidon tantalizes us with the juicy, horrible, delicious opportunity to dive off into the muck of overindulgence.

The following six key points summarize the energetics offered up by Poseidon.

## **CREATIVE GENIUS – Divine Inspiration versus Insanity**

Spirit has gifted each of us with some form of creative genius. But can we hear that soft voice whispering to us, guiding our hands and our minds without falling prey to the insanity that has taken the lives of so many of our creative comrades?

# CARING – Compassion versus Over-Sentimentality

Is it possible to toe the line of compassion without ever stepping over it when, say, the situation of a loved one becomes dire?

# RECEPTIVITY – Impressionability versus Fear

When we leave oneself open to others, we risk getting hurt. It's almost inevitable. So how does one remain impressionable and not live in fear?

### SACRIFICE – Being of Service versus Self-Martyrdom

We all want to be 'of service' in whatever big or small way we can manage. Not allowing ourselves to sip the wine of martyrdom can be difficult.

### SPIRITUAL INTUITION - Vision versus Delusion

Becoming delusional is surprisingly easy when your heart gets wrapped up in a dream or a quest. But what happens when the bubble of delusion bursts? How quickly can you find your way back to trusting your vision.

#### **UNIVERSAL LOVE – Empathy versus Torment**

The world around us is in a bad state of affairs. Children are starving and their parents are living in poverty. Mother Earth is being abused. With all of this bombarding us every minute of every day, how does one avoid living in sheer torment?

Torment, delusion, martyrdom, fear, over-sentimentality and insanity are as much on the unhealthy side of Poseidon's equation as is perceiving that we are God-like or Saintly in some way. We are in danger when we indulge in either side of Poseidon's equation for long periods of time. We become useless to ourselves and everyone around us.

This is where Carrie found herself when she came to us for help, but it's what happened next that surprised even us.

After listening to her wish list, we had Carrie begin her work with Poseidon by doing his Ritual daily. Each day she was to focus on one of the items on her wish list. The intent of doing Ritual is to be "informed" by the Archetype directly.

One particular day, Carrie chose to focus on "I want to be in a loving relationship." She did the ritual and engaged Poseidon.

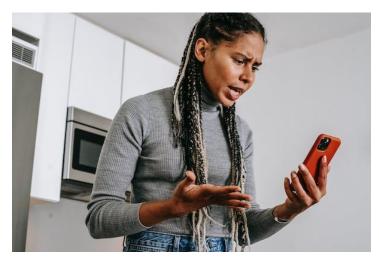
Two days later we received a frantic, agitated call from Carrie. She was beside herself with anger.

"Do you know what just happened?" Carrie cried.

## Before we could even reply, Carrie rushed on with her story.

"I just got a call from my so-called mother who I told years ago that I never

wanted to hear from again. If this is Poseidon's idea of a joke, it's not funny. I despise this woman. She abandoned me. She left me and my sister without even saying goodbye. I sure hope Poseidon doesn't think this is what I meant by a loving relationship. I meant a man. Someone I can love unconditionally. And if he was



thinking of my mother – there's no way I could love her again – not now or ever."

By the time Carrie ran out of steam, we had a pretty clear picture of what Poseidon was showing her.

"Is it possible that the reason you haven't opened yourself up to anyone is that you're afraid of getting hurt again? Could it be that you need to heal the relationship with your mom before you will ever be able to truly love anyone else" we asked.

There was a weighted, awkward silence.

Carrie "got it".

Sometimes, we humans just can't move forward until we backup – backup and do the healing necessary to get us back to the fulcrum point.

Thanks Poseidon for pointing this out to Carrie.

By Shanon & Marv Harwood

Directors of The Kimmapii School of Shamanism

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